

Educational Tree Climbing Adventures



Recreational Tree Climbing provides a unique opportunity for students to learn through connecting and engaging with the natural world.



- ✓ Practice mindfulness while relaxing in the shade
 - ✓ Improve and enhance cognitive development
- ✓ Discover the insects and animals in the canopy
 - ✓ Feel the tree's interaction with the breeze
 - ✓ Incorporate physical fitness with learning
 - ✓ Escape the grip of electronic devices
- ✓ Practice positive encouragement of classmates
- ✓ Build self-reliance and enhance spatial awareness



 Address multiple learning styles to effectively engage a diverse group of learners.



- Easy-to-understand directions have participants of all abilities ascending on their own within minutes.
- Adventure and experiential learning opportunities without the need to invest in gear or equipment.
- A safe and enjoyable outdoor activity for all ages.





Recreational tree climbing enables you to get students into the natural world, away from the distractions of the technological world.



The perceived risk of climbing heightens participants' awareness and focuses their attention.

Whether designed around physical fitness or a study of physics, the activities promote communication, cooperation, and self-confidence.



Sample programs include:

- Study of gravity as climbers drop and time the descent of objects.
- Study of simple machines such as the advantages of pulleys.
- Understanding of the mechanics of knots.
- Tree biology and physiology, from water uptake to oxygen release.
- Ecosystem interactions between trees and other plants and animals.
- Analytical exercises through the study of the climbing system.
- Creative and expressive arts through journaling, reading, art, and poetry.
- Practice of meditation and mindfulness exercises in the natural world.



Class sizes can vary: Individual student to groups with multiple learners, regardless of age differences.

Whether it be a single event or a recurring program which allows them to build upon previous achievements, we work with you to create an experience your children and students will never forget!



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